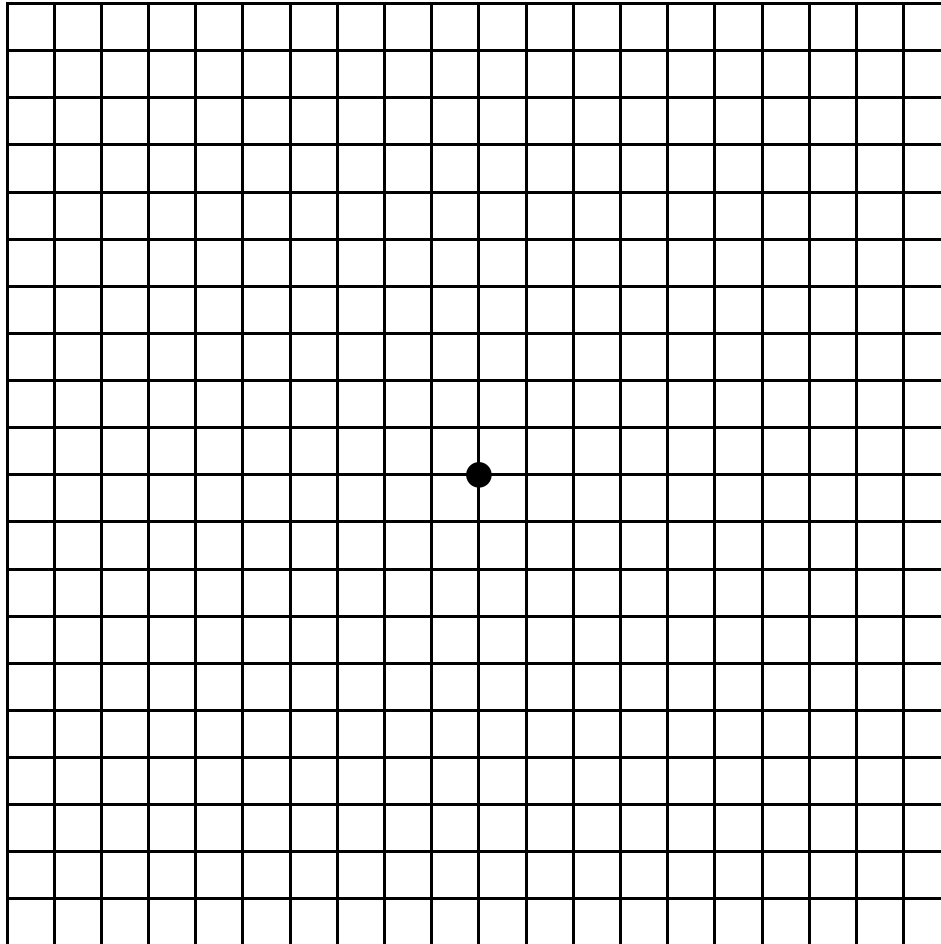


Amsler Grid



Directions for the Amsler Grid -

Hold the grid at a comfortable reading distance (use glasses if needed). Cover one eye and look at the dot in the center of the grid. Note how many lines and squares appear. Do they look straight and even, or do any seem wavy or distorted? Are any pieces of the grid missing? Now cover your other eye and follow the same directions. If lines do not appear straight and even, contact your eye care professional immediately.

Symptoms of AMD

- Loss of ability to see objects clearly and difficulty reading or seeing objects up close
- Vision that is noticeably distorted; straight lines appear wavy
- The loss of clear, correct colors
- Objects may appear as the wrong shape or size
- A dark, empty area in the center of vision

The symptoms described may not necessarily mean that you have macular degeneration. However, if you experience one or more of these symptoms, contact your eye doctor for a complete exam. For individuals with macular degeneration, it is highly recommended that a regular schedule of eye examinations be maintained.



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